



Save the dates...

Meeting the Guardian and Overcoming the Beasts

A First Class Conference for Professionals who work Psychotherapeutically

September 10 (14:00) - September 13 (12:15), 2022

Goetheanum, Dornach, Switzerland

Blue Cards Required

Current events make clear that humanity stands at a threshold. The world situation asks how we will responsibly care for ourselves, each other, our climate, and the earth as a whole. How does our view and practice of psychotherapy change when we seriously engage with the threshold to the spiritual world and its guardian?

The guardian of the threshold guides us on our path through the lessons of the First Class of Spiritual Science. Who is this guardian? Can we distinguish the guardian from our own double? How does the quality of the guardian change as we progress in spiritual development? What is our relationship to our own guardian? In what ways does the guardian manifest in the lives of our clients? How does knowledge of the guardian impact our work as psychotherapists?

The guardian confronts us before we can cross the threshold into the spiritual world. Are we prepared? We must meet and engage the three beasts who rise from the abyss. The early lessons of the First Class offer avenues of healing, indications of ways to achieve balance, so that we may safely encounter the three beasts to proceed further. Working rhythmically, we can learn to find balance from the center, from the heart.

This year's conference will focus on Lesson 3 and the Second Tablet. We will also receive free renderings that encompass other early class lessons, such as those we took up in 2021 (Lessons 1, 2, and 4). Together we will consider how the content of these lessons and mantras informs our work as psychotherapists and related healers. There will be time for sharing and conversing in groups. Artistic work will be included.

Interested First Class members from healing professions are welcome to attend, especially psychotherapists and all professionals who work in a psychotherapeutic way with clients. Please bring your blue card for admittance. Registration will be available later in 2022. The conference will be offered in the **English language**, with additional reading of the mantras in German.

To receive further emails about this conference, please email the initiative group with your contact information at FCPsych@googlegroups.com.

Warmly,

Giovanna Bettini, Wolfgang Drescher, Jacqueline Gerbrands, Boris Krause, Susan Overhauser, Tatiana Pavlova, and Ursula Schöbel

Sponsored by the Medical Section of the School of Spiritual Science